# Are We Better at Conveying and Perceiving

# **Emotions Through Speech or Song?**

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#### Introduction

- Emotional expression is an integral part of human interaction
- Evolutionary theories propose human music serves to regulate emotions in social settings [1]
- Song and speech have distinct production and processing advantages, explored using professional actor/singer recordings [2]
- We aim to understand emotional communication using a naturalistic method of spontaneous speech/song improvisation [3]

#### **Predictions**

- Ease of emotional improvisation in speech > song
- Accuracy of emotional perception in song > speech

# **Methods**

### **Experiment 1 (Production)**

- 15 participants (mean=21 years, SD=3.9, 7 males)
- Were asked to improvise 5 emotions (Happy, Peaceful, Neutral, Sad, and Afraid)
- In both modalities, improvisors rated the difficulty level of conveying emotion on a 5-point Likert scale (1 = not difficult at all, 5 = very difficult)
- Improvisations were recorded as stimuli for Experiment 2

## Experiment 2 (Perception)

- **Semantics (2a):** 52 participants (mean = 19.51 years, SD = 3.02, 10 males)
- No Semantics (2b): 54 participants (mean = 19.2 years, SD = 1.9, 10 males)
- For each stimulus, participants were asked to:
  - Identify the modality (speech or song)
  - Select the emotion expressed (Happy, Peaceful, Neutral, Sad & Afraid)
  - Rate confidence level for emotion selection (Likert scale 1-5;
    1 = Not confident & 5 = very confident)

**Analysis:** Accuracy of correctly identifying modality/emotion was assessed. We then ran an ANOVA with repeated measures modality and emotion were ran for each dependent variables: modality accuracy, emotion accuracy, and confidence level rating.

#### **Results**

#### **Experiment 1:**

 Participants found it easier to convey emotions through speech than song (p < .001)</li>

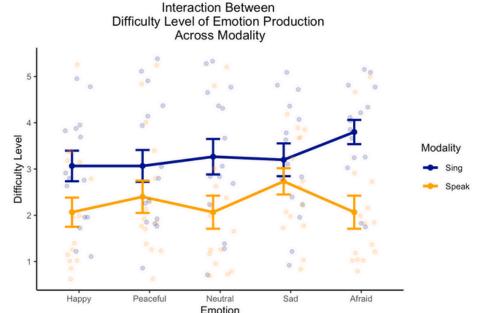


Figure 1. Difficulty level of emotional production for two modalities (song and speech)

#### **Experiment 2a:**

- Emotional accuracy was higher in speech than in song (p < .001)</li>
- Higher confidence in speech > song (p < .001)

#### **Experiment 2b:**

- Emotional accuracy was higher in song than in speech (p < .001)
- Higher confidence in song > speech (*p* < .001)

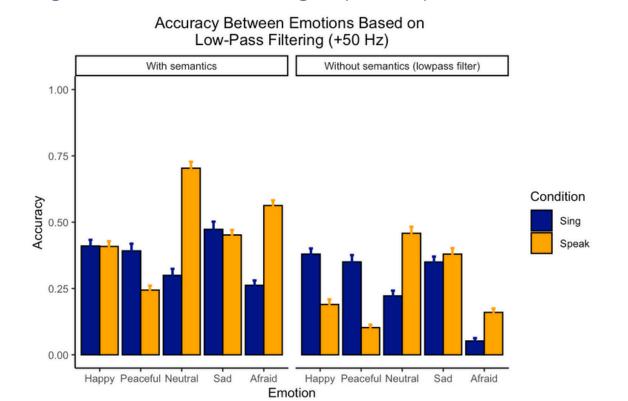


Figure 2. Emotion accuracy across speech and song in both filtering conditions

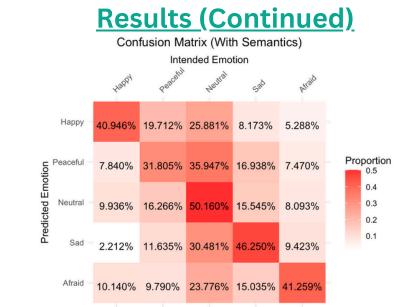


Figure 3. Confusion Matrix (2a), X axis ('Intended Emotion') is the emotion that the rater perceived, and Y axis ('Predicted Emotion') is the emotion that was improvised

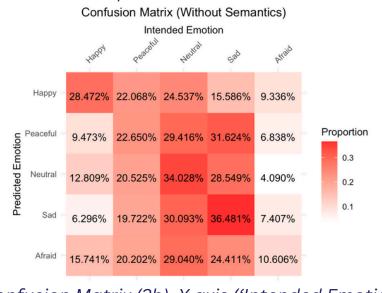


Figure 4. Confusion Matrix (2b), X axis ('Intended Emotion') is the emotion that the rater perceived, and Y axis ('Predicted Emotion') is the emotion that was improvised

#### Conclusion

- Semantics are key in making speech a primary communication tool.
- Music conveys emotions effectively through acoustics, especially without semantics.
- Future research should explore facial expressions, musical training, and cultural differences

#### References

[1] Savage, P. E., Loui, P., Tarr, B., Schachner, A., Glowacki, L., Mithen, S., & Fitch, W. T. (2020). *Behavioral and Brain Sciences, 44*.

[2] Van Besouw, R. M., Howard, D. M., & Ternström, S. (2005). *Logopedics Phoniatrics Vocology*, 30(3–4), 129–135.

[3] Weiss, M. W., & Peretz, I. (2022). Scientific Reports, 12(1).